

# Instructions for SOAP Journaling

Step 1 » Find the Scripture for the day using a Bible reading plan.

Step 2 » Read the passages. Read them with an open heart and Jesus will give you the words of encouragement direction correction and hope that you need.

Step 3 » When you get a life lesson from the Scripture you have read grab a notebook or journal and do the following:

1. Write today's date.
2. Write out a verse/passage that sticks out to you. (Scripture)
3. Write what you see in the Scripture (Observation)
4. Write how you will be different today because of what you have just read. (Application)
5. Write out your prayer. (Prayer)

<b>Scripture</b>	"What I tell you in the darkness speak in the light; and what you hear whispered in your ear proclaim upon the housetops."
<b>Observation</b>	If I am not hearing Him in the darkness what will I speak in the light?! If I am not hearing Him in my ear what will I proclaim on the housetops?!
<b>Application</b>	What a great word! This scripture reminds me to not only talk to God in prayer but equally important is to hear Him in prayer!
<b>Prayer</b>	Dear Jesus help me to hear You today! I want to be still that I may hear Your marching orders for my day for my week for my life. Speak Lord! Your servant is listening!
<i>How will I be different today because of what I have just read?</i>	

Source: Dr. Wayne Cordeiro Senior Pastor of New Hope Christian Fellowship

# SOAP Bible Reading Plan (JANUARY/FEBRUARY 2010)

## Week of January 11, 2010

Monday: John 1:35-51  
 Tuesday: Matthew 9:1-8  
 Wednesday: Luke 9:23-27  
 Thursday: Matthew 10:34-42  
 Friday: John 10:22-30

## Week of January 18, 2010

Monday: Luke 5:1-11  
 Tuesday: Jeremiah 1:1-10  
 Wednesday: Romans 1:1-7  
 Thursday: 1 Peter 1:13-25  
 Friday: 1 Peter 3:8-12

## Week of January 25, 2010

Monday: John 1:1-13  
 Tuesday: Genesis 1:1-19  
 Wednesday: Genesis 1:20-31  
 Thursday: Matthew 9:9-13  
 Friday: 2 Corinthians 12:1-10

## Week of February 1, 2010

Monday: Luke 14:7-14  
 Tuesday: Luke 9:57-62  
 Wednesday: Luke 14:25-34  
 Thursday: John 6:60-71  
 Friday: Acts 4:32-37

## Week of February 8, 2010

Monday: Philippians 3:8-16  
 Tuesday: 1 Timothy 6:3-19  
 Wednesday: Matthew 7:1-14  
 Thursday: Ephesians 4:1-8  
 Friday: Luke 12:22-32

## Week of February 15, 2010

Monday: 1 Peter 2:1-10  
 Tuesday: Jeremiah 3:1-14  
 Wednesday: Luke 1:47-56  
 Thursday: Isaiah 63:7-14  
 Friday: James 2:1-13

## Week of February 22, 2010

Monday: Hosea 14:1-9  
 Tuesday: Micah 6:1-8  
 Wednesday: Matthew 12:22-37  
 Thursday: Luke 19:11-27  
 Friday: Hebrews 13:1-16